



Optimum Hydroponix® Fertilizing Program

Weekly recommendations for flowering and fruit-bearing plants (measurements based on ml/litre)

Growth Phase					Flowering and fruiting phase								
Lighting schedule	18 on 6 off	18 on 6 off	18 on 6 off	18 on 6 off	12 on 12 off	12 on 12 off	12 on 12 off	12 on 12 off	12 on 12 off	12 on 12 off	12 on 12 off	12 on 12 off	12 on 12 off
Weeks	Seedling	1	2	3	1	2	3	4	5	6	7	Final week	
Optimum Hydroponix® Grow	0.5 ml	1 ml	2 ml	2 ml	-	-	-	-	-	-	-	Flush using plain water. ----- If a longer bloom phase is needed for your plants, repeat Week 4 directions for 1 to 2 weeks before continuing with Week 5 through to final flush pre-harvest.	
Optimum Hydroponix® Flowering	-	-	-	-	2.5 ml	2.5 ml	2.5 ml	2.5 ml	2.5 ml	2.5 ml	2.5 ml		
Supermax B1	3 ml	2 ml	2 ml	2 ml	2 ml	1 ml	1 ml	1 ml	1 ml	1 ml	1 ml		
Humex Fossil Force	4 ml	4 ml	4 ml	4 ml	4 ml	-	-	-	-	-	-		
Fulvex Fossil Force	-	-	-	-	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	-		
Mystik Root*	1 ml	1 ml	1 ml	1 ml	1 ml	-	-	-	-	-	-		
Mystik Grow*	-	1 ml	1 ml	1 ml	1 ml	-	-	-	-	-	-		
Mystik Bloom*	-	-	-	-	-	1 ml	1 ml	1 ml	1 ml	1 ml	1 ml		
GigaBoost	-	-	-	-	1 ml	1 ml	2 ml	2 ml	-	-	-		
OptiCal-Mg***	-	1 ml	-	1 ml	-	1 ml	-	1 ml	-	1 ml	-		
SugarShack	-	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml		
Titan**	-	-	-	-	-	-	-	1 ml	1 ml	1 ml	1 ml		
Zenzyme***	-	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml	2 ml		

36 hours of darkness

* Do not use with hydrogen peroxide ** Do not use with hydrogen peroxide or other PK boosters *** These Products help promote overall plant health